

Self Insurers Association
of Victoria present

Navigating the Mine Field

Preventing & conquering the barriers to complex injury management cases

Complex injury management cases often have the potential to place injury management practitioners amongst a mine field of problems.

Knowing which way to turn in order to navigate your way to a successful outcome is a vital skill. This conference will introduce or enhance the skills that injury management practitioners require to successfully manage such cases.

A program that covers prevention, claims and rehabilitation topics will ensure that delegates attending the conference will leave with the ability to identify and manage the hidden and potentially explosive problems facing injury management practitioners today and into the future.

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Self Insurers Association of Victoria
EMPLOYERS MANAGING THEIR OWN RISK

session summary

9.00am Welcome and Opening Remarks

9.10am The Causal Links Between Organisational Health and Individual Injury

Roger Dingle

Associate Consultant
Insight SRC

Complex injuries (both physical and mental) are predominantly outcomes of organisational performance. These are as much outcomes as are production, service, sales, profit, safety incidents, absenteeism, and turnover. Research has shown that an organisation's health or culture is the predominant factor causing organisational performance. Individual characteristics (or personality) are a lesser factor. Conventional thinking can be misleading.

- Is there really a link between staff wellbeing, service delivery and performance?
- Is working in any organisation inherently stressful?
- Are stress and morale the opposite sides of the one coin?

This presentation outlines the factors creating organisational health, and the causal factors that create organisational performance outcomes including injury. Importantly, there are clear areas where leaders can gain best improvements.

10.00am What, Why and How - Workplace Drug & Alcohol Policy

Gary Wright

Drug & Alcohol Worker
Incolink

A workplace drug and alcohol policy is a written document that provides guidelines and procedures for addressing drug and alcohol related issues in the workplace. It should apply to all staff, should outline specific roles and responsibilities and be developed in consultation with both management and staff and/or their representatives (health and safety representative (HSR) or union). The policy should be part of an organisation's overall occupational health and safety (OHS) strategy, and have the aims of prevention, education, counselling and rehabilitation.

This session will look at what a drug and alcohol policy is, why have one and how to develop and implement a policy.

10.40am Morning Tea

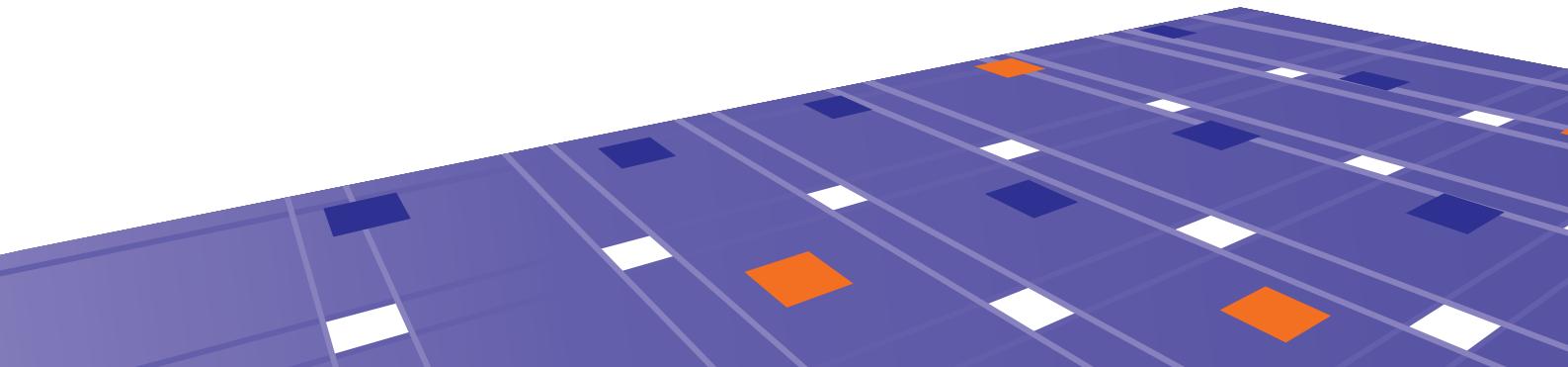
11.10am Psychiatry & Psychology – How They Work Together to Produce Better Outcomes

Simone Pica

Chief Psychologist
The Melbourne Clinic

Work injuries often result in the client presenting with psychological problems and in need of medication and psychological treatment.

This session will talk about treatments which are commonly used in the management of clients with mental disorders resulting from work injuries. The presenter will discuss how psychiatrists and psychologists work together in the psychiatric system to produce better outcomes.



session summary

11.50am

"Explain Pain" and the Drug Cabinet in our Brains

David Butler

Author "Explain Pain"

With one in five Australians suffering chronic pain at an annual cost of 34 billion dollars to the Australian economy, it is time to look at some alternative ways of managing the epidemic.

This presentation is about a particular and novel kind of therapeutic education where patients are taught neuroscience in order to facilitate critical conceptual changes in chronic pain and disability management. For example, that pain no longer equates to damage but is more related to perceptions of damage which include an array of identifiable threats.

During management, patients may be educated and thus empowered, for example, on how the brain can make opioid like substance far more powerful than any known drug, on stress biology including how stress alters healing, how skilled self management, including knowledge of why they hurt, facilitates access to the drug cabinet in the brain, and even some basic molecular biology and immunology. Conference participants will be exposed to examples of therapeutic neuroscience in language that all can understand.

The outcome data on therapeutic neuroscience education supports its use as a therapy alone and as an enhancement to exercise outcomes. There is also data that shows that patients will "get it", but health professionals don't think they will.

Therapeutic education is cheap and there are no side effects, but, for best outcomes, all stakeholders in a patient's outcome should be exposed to it.

12.35pm Lunch

1.35pm

Case Study: Rehabilitation and Recovery Model – Complex Cases

Dr Keith Adam

Founder; *Health For Industry*
Chairman, HSA Group Clinical Advisory Board

A journey through a complex injury, the interventions used and associated rehabilitation where the injured worker returned to work successfully with all key parties working together.

2.15pm

Preparing a Work Group for the Return of an Injured Employee

Psychologist
Caraniche

Many potential issues can arise when an injured worker returns to the work group. Problems can arise around emotional issues surrounding change forced upon the work group.

This session will examine how to identify and manage integration issues in a return to work of an injured employee.

2.55pm Afternoon Tea

3.15pm

Hanks Review of the Accident Compensation Act 1985

James Johnson

Partner, Sparke Helmore Lawyers

The Victorian government is conducting a review of the Accident Compensation Act 1985. Whilst the underlying principles of the Act remain sound, incremental changes to the AC Act over the years have made it 'unwieldy and unnecessarily complex'. Accordingly, the review will focus on:

- the benefit and premium regime when compared to other jurisdictions
- ways to ensure the best possible support is provided to injured workers
- ways to reduce the administrative and regulatory burden on Victorian businesses
- the removal of inoperative, irrelevant and superfluous legislative provisions, and
- improving understanding of the accident compensation regime.

In this session James will look at the implications of this review for Self Insurers.

3.55pm Closing Remarks

4.00pm Drinks and Nibbles

4.30pm Close

► registration

Registration Details

Morning Tea, Lunch, Afternoon Tea, Closing Drinks and Nibbles will be provided.

Seating is strictly limited and bookings will be taken of a 'first come first served' basis.

SIAV and nb&a events reserve the right to make changes to this Program and speakers in the event of any unforeseen circumstances which may arise.

Please note that the registration fee applies to one delegate registering, it is not possible to share one registration fee between several people.

Copies of presenter's papers will be available from the nb&a events website at www.nbassociates.com.au/events post conference.

Confirmation of registration will be sent by email within 7 days of receipt of your registration.

Please keep a copy of this registration as a tax invoice for your records.

Payment Options

- This notice will be treated as your official **TAX INVOICE** upon SIAV (ABN 52 050 013 017) receiving payment for your attendance at this event.
- Pay by direct credit to SIAV
BSB: 083-004 Account: 51769 4519
Account Name: Self Insurers Association of Victoria Current Account.
- Or post a cheque to:
Self Insurers Association of Victoria
c/o Denise Von der lippe
Woolworths
Private Bag 10
Mulgrave VIC 3170

Cancellations

A substitute delegate is always welcome to attend at no extra charge if the registered delegate is unable to attend on the day.

A full refund will be made for any written cancellation (letter, fax or email) made up to 7 working days prior to event date.

For any event cancelled by SIAV and/or nb&a events, registration fee is fully refundable.

For further information, contact:

Darren Mickan

nb&a events

Phone: 0402 322 394 or (08) 8352 6344

Fax: (08) 8352 8077

Email: dm@nbassociates.com.au

Registration Methods

Registrations can be made:

- online at www.nbassociates.com.au/events
- by fax to (08) 8352 8077
- by mail to

Self Insurers Association of Victoria
C/- nb&a events
19 Deacon Avenue, Richmond SA 5033

Registrations must be made before Tuesday 9 September 2008

Name _____

Organisation _____

Address _____

Telephone _____

Email _____

Will you be staying for post conference drinks & nibbles? Yes No

Price (including GST)

SIAV Member Registration Fee \$198.00

Non Member Registration Fee \$231.00

Mobility or dietary requirements? Please specify. Yes

Please tick this box if you do not want your details to appear on a list of delegates.

How did you find out about this event?

Colleague or friend Electronic Brochure

nb&a website Other - please indicate

Payment Method

A cheque made payable to Self Insurers Association of Victoria for \$ _____ is attached.

EFT Account Name: Self Insurers Association of Victoria Current Account.

BSB: 083 004 Account: 51769 4519 Detail: Your name